

3. 身長別 計測値

1 計

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
～ 90 cm	—	—	—	14.0	50.5	57.1
91	15.7	54.4	56.6	—	—	—
92	—	—	—	15.6	53.1	61.1
93	12.6	48.3	53.0	13.8	49.8	54.6
94	14.8	52.8	53.8	13.4	51.1	55.1
95	12.9	53.0	54.4	13.1	49.8	53.0
96	13.5	52.1	55.1	14.2	51.4	55.0
97	15.0	52.4	56.0	14.7	51.9	56.3
98	15.4	53.6	56.6	14.6	51.7	56.6
99	15.2	53.1	56.9	14.8	51.7	56.3
100	15.3	53.1	57.7	15.3	52.3	57.3
101	15.9	53.6	58.0	15.6	52.5	58.0
102	16.1	53.8	58.5	15.9	52.6	58.5
103	16.3	53.9	59.0	16.1	52.9	58.7
104	16.6	54.2	59.4	16.4	53.2	59.2
105	16.9	54.5	59.9	16.8	53.4	59.8
106	17.2	54.7	60.4	17.2	53.8	60.2
107	17.6	55.1	60.8	17.5	54.0	60.8
108	17.9	55.3	61.3	17.8	54.2	61.2
109	18.3	55.6	61.7	18.2	54.5	61.6
110	18.6	55.9	62.2	18.5	54.8	62.1
111	19.0	56.1	62.7	18.8	54.9	62.5
112	19.3	56.5	63.2	19.3	55.3	63.1
113	19.6	56.8	63.6	19.6	55.6	63.6
114	20.0	57.1	64.0	20.0	55.9	64.0
115	20.3	57.2	64.4	20.3	56.3	64.4
116	20.7	57.6	65.0	20.7	56.6	64.8
117	21.2	58.0	65.4	21.1	56.8	65.3
118	21.6	58.3	65.8	21.4	57.0	65.7
119	22.0	58.7	66.3	21.8	57.4	66.2
120	22.5	59.1	66.8	22.3	57.9	66.7
121	22.9	59.4	67.2	22.8	58.3	67.2
122	23.4	59.8	67.7	23.4	58.7	67.6
123	23.9	60.3	68.1	23.8	59.1	68.1
124	24.4	60.6	68.6	24.3	59.5	68.4
125	24.8	61.0	69.0	24.8	59.9	68.9
126	25.4	61.4	69.5	25.3	60.3	69.4
127	26.0	61.9	69.9	25.8	60.7	69.8
128	26.3	62.2	70.3	26.3	61.0	70.3
129	27.0	62.7	70.8	26.7	61.4	70.7
130	27.6	63.3	71.1	27.2	61.8	71.1
131	28.1	63.6	71.6	28.0	62.5	71.6
132	28.7	64.0	72.1	28.6	63.0	72.0
133	29.2	64.4	72.4	29.1	63.4	72.5
134	29.9	64.8	72.9	29.7	63.8	72.9
135	30.6	65.5	73.2	30.3	64.3	73.4
136	31.0	65.8	73.6	30.9	64.8	73.8
137	31.8	66.4	74.1	31.7	65.4	74.3
138	32.6	66.9	74.5	32.2	65.8	74.7
139	33.2	67.3	74.9	32.8	66.6	75.2
140	33.8	67.8	75.3	33.5	66.9	75.7
141	34.5	68.2	75.7	34.5	67.8	76.3
142	35.5	68.9	76.2	35.3	68.6	76.9
143	36.2	69.3	76.6	36.2	69.4	77.4
144	36.9	69.9	77.0	37.0	70.2	77.9

の平均値

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
145 cm	37.6	70.4	77.5	38.3	71.3	78.5
146	38.2	70.8	77.9	39.5	72.4	79.1
147	39.0	71.2	78.3	40.6	73.3	79.8
148	40.0	71.9	78.8	41.9	74.4	80.4
149	40.7	72.3	79.3	42.8	75.1	80.8
150	41.5	72.9	79.8	44.3	76.2	81.5
151	42.2	73.2	80.3	45.3	77.0	82.1
152	43.0	73.8	80.8	46.4	77.7	82.5
153	43.8	74.4	81.3	47.3	78.3	83.0
154	44.5	74.8	81.8	47.9	78.6	83.5
155	45.5	75.5	82.5	48.7	79.1	83.9
156	46.2	75.8	83.0	49.6	79.6	84.3
157	47.3	76.7	83.7	50.5	80.0	84.8
158	48.3	77.4	84.1	51.3	80.4	85.2
159	49.2	77.9	84.7	52.1	80.8	85.7
160	50.4	78.8	85.4	52.7	81.0	86.1
161	51.3	79.2	85.9	53.5	81.3	86.5
162	52.3	80.1	86.5	54.3	81.8	87.0
163	53.2	80.5	87.0	54.7	81.8	87.3
164	54.5	81.3	87.6	55.6	82.2	87.8
165	55.0	81.6	88.0	56.5	82.6	88.2
166	56.0	82.2	88.5	57.4	83.1	88.6
167	56.9	82.9	89.0	57.6	82.9	88.9
168	57.6	83.1	89.4	57.9	82.8	89.6
169	58.7	83.7	89.9	59.1	83.1	89.8
170	59.7	84.2	90.4	59.7	83.3	89.9
171	60.4	84.4	90.9	60.6	84.0	90.5
172	61.6	85.2	91.3	62.9	85.0	90.8
173	62.0	85.4	91.7	62.1	83.2	91.2
174	62.7	85.6	92.2	63.3	84.3	91.6
175	63.6	86.0	92.6	63.4	84.6	92.4
176	64.7	86.6	93.0	64.5	85.7	89.6
177	64.8	86.5	93.4	69.1	88.2	90.8
178	65.8	87.1	93.9	65.0	85.0	93.9
179	66.6	87.3	94.2	63.3	82.2	91.4
180	67.8	87.6	94.7	45.0	77.0	87.0
181	68.6	87.8	95.1	61.7	84.6	92.1
182	71.3	89.4	95.8	—	—	—
183	70.2	89.0	95.9	—	—	—
184	72.6	89.1	96.2	73.0	90.0	99.0
185	72.0	89.2	96.1	—	—	—
186	73.2	89.9	97.1	—	—	—
187	71.2	89.3	97.3	—	—	—
188	78.7	93.3	98.7	—	—	—
189	73.0	88.2	98.2	—	—	—
190	68.8	85.9	97.2	—	—	—
191	68.9	84.5	97.6	—	—	—
192	82.0	89.0	100.0	—	—	—
193	82.0	92.1	99.2	—	—	—
194	79.0	93.0	102.0	—	—	—
195～	73.5	85.8	100.6	—	—	—

3. 身長別 計測値

2 幼稚園

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
~ 90 cm	—	—	—	14.0	50.5	57.1
91	17.0	54.0	59.0	—	—	—
92	—	—	—	14.4	49.5	54.0
93	12.6	48.3	53.0	13.8	49.8	54.6
94	14.8	52.8	53.8	13.4	51.1	55.1
95	14.0	51.5	54.7	13.1	49.8	53.0
96	13.4	52.5	55.0	14.2	51.6	55.0
97	15.1	52.6	56.2	14.7	51.9	56.1
98	15.3	53.5	56.4	14.6	51.8	56.5
99	15.2	53.2	56.8	14.7	51.6	56.4
100	15.4	53.1	57.8	15.2	52.3	57.3
101	15.8	53.6	58.0	15.6	52.4	58.0
102	16.2	53.8	58.4	15.9	52.7	58.4
103	16.3	53.9	58.9	16.1	52.9	58.8
104	16.7	54.3	59.4	16.5	53.2	59.2
105	16.9	54.6	59.9	16.8	53.5	59.8
106	17.3	54.9	60.4	17.2	53.9	60.3
107	17.6	55.0	60.8	17.6	54.1	60.8
108	17.9	55.5	61.3	17.9	54.4	61.3
109	18.4	55.9	61.8	18.3	54.8	61.7
110	18.7	56.0	62.3	18.6	55.1	62.2
111	19.2	56.5	62.8	19.0	55.3	62.6
112	19.4	56.7	63.3	19.4	55.6	63.2
113	19.9	57.1	63.7	19.9	56.0	63.6
114	20.2	57.2	64.1	20.4	56.7	64.2
115	20.8	57.8	64.6	20.7	56.7	64.6
116	21.1	58.0	65.1	21.1	57.2	65.1
117	21.4	58.4	65.5	21.6	57.6	65.3
118	21.9	58.8	65.9	21.9	57.9	65.6
119	22.4	59.3	66.3	22.4	58.4	66.3
120	23.3	60.0	66.8	23.0	58.4	66.7
121	23.8	60.3	67.4	23.8	59.8	67.4
122	24.7	61.7	68.1	24.3	60.1	67.6
123	25.4	61.2	68.6	24.7	61.1	68.2
124	26.1	63.4	69.4	25.0	60.7	67.4
125	25.7	61.4	69.4	32.3	66.3	69.5
126	28.3	65.2	69.8	26.9	62.6	68.6
127	28.3	65.5	70.5	28.1	61.7	70.1
128	29.9	65.9	72.3	25.1	59.6	71.0
129	27.0	64.0	72.0	—	—	—
130	41.0	80.0	74.0	—	—	—
131	32.0	68.0	75.0	—	—	—
132	—	—	—	—	—	—
133	—	—	—	—	—	—
134	—	—	—	—	—	—
135	21.0	55.0	64.0	—	—	—
136~	—	—	—	—	—	—

の平均値(つづき)

3 小学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
~ 90 cm	—	—	—	—	—	—
91	14.0	55.0	53.0	17.0	54.0	62.0
92	—	—	—	—	—	—
93	—	—	—	—	—	—
94	—	—	—	—	—	—
95	11.0	56.0	54.0	—	—	—
96	14.0	50.0	56.0	14.0	50.0	54.9
97	14.3	51.0	55.0	15.5	51.5	58.0
98	16.5	54.8	57.8	14.8	50.7	57.0
99	15.2	51.5	58.5	15.6	52.8	56.1
100	14.9	53.1	57.1	15.8	53.7	57.9
101	16.1	53.6	58.1	16.0	53.6	58.2
102	15.9	53.4	58.9	16.7	51.5	59.4
103	16.5	53.8	59.3	15.8	52.9	58.3
104	16.2	53.7	59.4	16.2	53.7	59.2
105	16.7	54.4	60.2	16.7	52.9	59.8
106	16.8	53.8	60.3	17.1	53.7	60.1
107	17.6	55.1	60.8	17.3	53.7	60.8
108	17.7	55.0	61.3	17.6	54.0	61.0
109	18.1	55.3	61.6	18.0	54.2	61.5
110	18.5	55.8	62.1	18.3	54.6	62.0
111	18.9	55.9	62.5	18.6	54.7	62.5
112	19.2	56.3	63.1	19.2	55.2	63.0
113	19.5	56.6	63.6	19.5	55.4	63.5
114	19.9	57.0	64.0	19.8	55.7	63.9
115	20.2	57.1	64.4	20.2	56.2	64.4
116	20.7	57.5	65.0	20.6	56.5	64.8
117	21.2	58.0	65.4	21.0	56.8	65.3
118	21.6	58.3	65.8	21.4	56.9	65.7
119	22.0	58.7	66.3	21.8	57.4	66.2
120	22.5	59.1	66.8	22.3	57.9	66.6
121	22.9	59.4	67.2	22.8	58.3	67.2
122	23.4	59.8	67.7	23.3	58.7	67.6
123	23.9	60.3	68.1	23.8	59.1	68.1
124	24.4	60.6	68.6	24.3	59.5	68.4
125	24.8	61.0	69.0	24.8	59.9	68.9
126	25.4	61.4	69.5	25.3	60.3	69.4
127	26.0	61.9	69.8	25.8	60.7	69.8
128	26.3	62.2	70.3	26.3	61.0	70.3
129	27.0	62.7	70.8	26.7	61.4	70.7
130	27.6	63.3	71.1	27.2	61.8	71.1
131	28.1	63.6	71.6	28.0	62.5	71.5
132	28.7	64.0	72.1	28.5	63.0	72.0
133	29.2	64.4	72.4	29.1	63.4	72.5
134	29.9	64.8	72.9	29.7	63.8	72.9
135	30.6	65.5	73.3	30.3	64.3	73.4
136	31.0	65.8	73.7	30.9	64.7	73.8
137	31.8	66.4	74.1	31.7	65.3	74.3
138	32.6	66.9	74.6	32.1	65.7	74.7
139	33.2	67.3	75.0	32.8	66.4	75.1
140	33.8	67.8	75.3	33.3	66.6	75.6
141	34.6	68.2	75.8	34.3	67.5	76.2
142	35.6	69.0	76.2	35.0	68.1	76.7
143	36.2	69.4	76.7	35.7	68.6	77.2
144	37.0	70.0	77.1	36.3	69.1	77.6
145	37.9	70.6	77.6	37.1	69.8	78.1
146	38.6	71.1	78.0	38.0	70.6	78.7
147	39.5	71.5	78.4	38.8	71.1	79.2
148	40.7	72.5	79.0	39.5	71.6	79.7
149	41.3	72.8	79.4	40.8	72.7	80.2
150	42.1	73.3	79.9	41.6	73.1	80.8
151	42.7	73.5	80.3	42.6	73.8	81.2
152	43.6	74.3	80.7	43.4	74.6	81.9
153	44.7	74.7	81.1	44.6	75.3	82.5
154	46.4	76.2	81.6	44.5	75.0	82.8
155	46.0	75.5	82.2	45.1	75.0	83.0
156	47.2	76.3	82.6	45.7	75.6	83.5
157	48.4	77.0	83.1	46.9	76.3	84.0
158	49.2	78.0	84.2	48.0	77.1	84.5
159	49.1	77.1	84.1	48.8	77.2	84.7
160	49.4	77.6	84.3	51.1	80.2	85.6
161	51.0	77.8	85.6	50.3	77.9	86.0
162	54.1	81.3	85.6	50.6	77.9	86.5
163	54.0	79.6	86.0	49.6	78.1	86.9
164	53.3	78.9	86.7	52.5	79.2	88.7
165	50.4	75.9	86.4	52.7	79.3	88.6
166	50.4	76.8	87.2	53.6	82.2	87.7
167	62.5	84.2	85.9	48.8	78.4	87.0
168	54.8	80.0	89.7	52.0	77.0	86.0
169	56.0	80.9	86.7	57.6	83.6	86.6
170	—	—	—	—	—	—
171	54.3	76.1	91.0	75.0	97.0	92.0
172	—	—	—	—	—	—
173	—	—	—	—	—	—
174	85.0	97.0	96.0	60.0	84.0	95.0
175~	—	—	—	—	—	—

3. 身長別 計測値

4 中学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
~109 cm	—	—	—	—	—	—
110	—	—	—	—	—	—
111	28.0	63.0	73.0	24.0	61.0	67.0
112	—	—	—	—	—	—
113	30.0	68.0	71.0	—	—	—
114	26.0	66.0	76.0	—	—	—
115	—	—	—	36.3	74.8	73.0
116	—	—	—	—	—	—
117	—	—	—	21.0	59.0	64.0
118	—	—	—	—	—	—
119	23.4	64.4	68.5	—	—	—
120	24.0	66.0	74.0	—	—	—
121	30.8	72.3	68.6	41.0	76.0	80.0
122	21.5	60.1	67.8	23.3	63.3	66.9
123	25.9	63.5	66.3	24.4	60.4	67.0
124	25.8	64.6	67.7	30.1	67.0	68.7
125	27.1	64.7	68.0	31.4	66.7	74.2
126	26.3	63.3	69.5	25.7	63.0	69.8
127	31.1	68.0	72.2	27.6	63.6	71.4
128	28.0	64.8	69.5	31.0	68.1	72.0
129	28.0	64.4	71.0	27.8	64.5	69.9
130	27.9	63.4	70.5	27.9	65.1	71.6
131	29.3	64.7	71.4	30.3	66.2	72.6
132	29.4	65.0	71.7	28.5	64.6	71.4
133	29.4	65.1	72.0	30.4	65.6	72.7
134	30.3	65.6	72.6	30.8	65.7	73.5
135	30.9	66.0	72.9	30.8	66.3	73.8
136	31.2	66.4	73.4	31.4	66.7	74.3
137	31.7	66.4	73.6	31.6	66.8	74.7
138	32.8	67.3	74.2	32.2	66.9	75.5
139	33.0	67.3	74.5	33.3	67.9	76.0
140	33.7	67.8	75.0	34.4	69.0	76.6
141	34.6	68.3	75.5	35.0	69.3	77.2
142	35.2	68.8	75.9	35.9	70.1	77.7
143	36.1	69.3	76.4	37.0	71.1	78.4
144	36.6	69.7	76.8	37.7	71.6	78.9
145	37.2	70.0	77.3	38.8	72.4	79.4
146	37.8	70.5	77.7	39.7	73.1	79.9
147	38.5	70.8	78.1	40.7	73.9	80.4
148	39.4	71.4	78.7	41.6	74.4	80.9
149	40.3	71.9	79.3	42.3	74.8	81.4
150	41.2	72.7	79.8	43.3	75.5	82.0
151	41.9	73.0	80.2	44.3	76.1	82.4
152	42.8	73.6	80.8	45.3	76.7	82.9
153	43.5	74.1	81.3	46.1	77.2	83.3
154	44.0	74.4	81.8	46.7	77.5	83.7
155	45.3	75.3	82.4	47.4	77.9	84.2
156	45.8	75.4	82.8	48.2	78.2	84.7
157	46.8	76.1	83.6	49.0	78.7	85.0
158	47.7	76.7	83.8	49.8	79.1	85.5
159	48.5	77.1	84.5	50.5	79.4	85.9
160	49.5	77.7	85.0	51.2	79.7	86.3
161	50.2	78.0	85.5	52.1	80.0	86.7
162	51.2	78.7	86.0	52.9	80.4	87.1
163	51.9	79.1	86.5	53.4	80.8	87.6
164	53.2	79.7	87.0	54.2	81.3	88.0
165	53.4	79.8	87.4	55.1	81.6	88.5
166	54.6	80.6	88.0	55.6	81.9	88.8
167	55.3	81.0	88.4	56.6	82.3	89.3
168	56.2	81.2	88.9	57.0	82.7	89.5
169	57.1	81.7	89.3	58.1	83.1	89.9
170	58.2	82.4	90.0	58.1	83.3	90.4
171	59.0	82.5	90.3	60.3	84.0	90.5
172	59.8	83.1	90.7	62.6	85.0	90.4
173	61.1	83.8	91.2	55.3	78.7	87.3
174	61.5	83.9	91.7	61.8	82.7	92.5
175	62.8	84.1	92.2	66.8	85.2	93.4
176	62.6	84.4	92.2	60.2	81.1	88.9
177	64.4	85.0	92.9	25.0	61.0	74.0
178	64.2	84.9	93.3	83.9	93.8	95.4
179	64.8	85.3	93.4	—	—	—
180	65.0	85.1	93.9	—	—	—
181	67.1	86.2	95.2	73.0	87.0	94.0
182	72.6	88.7	94.8	—	—	—
183	64.2	84.3	95.3	—	—	—
184	67.7	85.3	94.6	—	—	—
185	68.0	85.2	96.9	—	—	—
186	74.7	87.8	96.7	—	—	—
187	77.0	93.2	97.2	—	—	—
188	67.0	92.0	98.0	—	—	—
189	70.1	82.8	96.0	—	—	—
190	—	—	—	—	—	—
191	—	—	—	—	—	—
192	—	—	—	—	—	—
193	—	—	—	—	—	—
194	—	—	—	—	—	—
195	75.0	87.0	100.0	—	—	—
196~	—	—	—	—	—	—

の平均値(つづき)

5 高等学校

区 分	男			女		
	体 重 (kg)	胸 囲 (cm)	座 高 (cm)	体 重 (kg)	胸 囲 (cm)	座 高 (cm)
~126 cm	—	—	—	—	—	—
127	—	—	—	59.0	88.0	86.0
128	39.0	76.0	79.0	—	—	—
129	—	—	—	—	—	—
130	53.0	83.0	66.0	—	—	—
131	—	—	—	—	—	—
132	—	—	—	38.9	78.0	75.6
133	—	—	—	43.0	83.0	75.0
134	—	—	—	39.5	80.0	78.5
135	—	—	—	—	—	—
136	—	—	—	39.9	78.5	77.7
137	36.5	68.7	76.2	43.3	80.4	78.3
138	31.6	68.7	73.3	49.8	84.0	79.9
139	—	—	—	41.7	75.0	79.4
140	—	—	—	43.8	79.4	79.5
141	—	—	—	43.2	77.4	78.5
142	36.5	72.7	76.4	44.5	79.2	79.3
143	37.8	73.1	76.2	42.6	78.1	79.2
144	38.6	72.6	77.7	44.2	78.5	80.1
145	39.5	72.7	76.5	45.4	78.9	80.4
146	38.8	72.8	79.3	45.9	79.3	80.4
147	37.1	70.1	79.4	46.4	79.1	81.1
148	44.9	77.9	79.9	47.2	80.0	81.4
149	43.3	75.0	80.6	47.5	79.9	81.8
150	43.9	76.0	80.9	48.4	80.3	82.2
151	42.8	74.9	81.3	48.6	80.3	82.7
152	44.2	74.9	81.6	49.3	80.7	83.0
153	46.5	77.6	82.9	49.8	80.8	83.4
154	47.0	78.0	83.4	50.0	80.8	83.7
155	47.1	77.6	84.0	50.7	80.9	84.2
156	48.6	78.7	84.3	51.4	81.4	84.6
157	49.9	79.7	84.8	52.1	81.6	85.0
158	51.0	80.5	85.4	52.7	81.7	85.4
159	51.4	80.4	85.7	53.4	82.0	85.9
160	52.4	81.1	86.2	53.9	82.1	86.2
161	53.5	81.5	86.7	54.4	82.2	86.7
162	53.8	82.0	87.2	55.3	82.7	87.1
163	54.7	82.1	87.5	55.5	82.6	87.4
164	55.8	82.9	88.1	56.3	83.0	87.9
165	56.2	83.1	88.4	57.3	83.3	88.3
166	56.9	83.3	88.8	58.4	83.8	88.7
167	57.8	83.9	89.3	58.7	83.7	89.0
168	58.3	84.0	89.7	58.4	83.1	89.5
169	59.4	84.5	90.2	60.0	83.9	89.9
170	60.3	84.9	90.6	60.4	83.7	90.2
171	60.8	85.1	91.1	60.3	83.6	90.4
172	62.0	85.7	91.4	63.0	85.0	90.9
173	62.2	85.7	91.8	63.6	84.3	92.1
174	62.9	85.9	92.2	63.6	84.5	91.4
175	63.8	86.4	92.7	62.4	84.4	92.2
176	65.1	87.0	93.2	66.7	88.1	89.9
177	64.9	86.7	93.5	71.6	89.8	91.7
178	66.0	87.4	94.0	62.8	84.0	93.7
179	66.8	87.6	94.3	63.3	82.2	91.4
180	68.1	87.9	94.8	45.0	77.0	87.0
181	68.8	88.0	95.1	49.0	82.0	90.0
182	71.2	89.5	95.9	—	—	—
183	70.5	89.2	96.0	—	—	—
184	73.1	89.5	96.4	73.0	90.0	99.0
185	72.2	89.4	96.0	—	—	—
186	72.9	90.2	97.1	—	—	—
187	70.2	88.6	97.3	—	—	—
188	79.8	93.4	98.8	—	—	—
189	73.1	88.4	98.3	—	—	—
190	68.8	85.9	97.2	—	—	—
191	68.9	84.5	97.6	—	—	—
192	82.0	89.0	100.0	—	—	—
193	82.0	92.1	99.2	—	—	—
194	79.0	93.0	102.0	—	—	—
195	70.0	83.0	102.0	—	—	—
196~	—	—	—	—	—	—